


Headfort School Menu



Date: Mar 11th 2019

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Main | Chicken & Bacon Pie 2/7 | Meatballs | Traditional Irish stew 2 | Southern fried chicken with sweet chilli sauce 2/4 |  |
| Veg | Steamed broccoli | Tomato & basil sauce | | Sweetcorn | |
| Spud | Roast potato | Spaghetti 2 | Creamed potato 7 | Baby potato | |
| Pud | Chocolate sponge cake with chocolate sauce 2/4/7 | Apple crumble with lashings of creamy custard 2/7 | Mississippi mud pie with fresh cream 2/4/7 | Strawberry jelly & ice cream 2/7 | |
| Tea | Homemade quiche served with chunky potato 2/7 | Breaded chicken drumsticks with BBQ sauce & steamed rice 2 | Sausages, beans & potato wedges 2 | Nachos with chilli beef & boiled rice 2 | |
| All meals served with a selection of salads | | | | | |