

Headfort School Menu



Date: Feb 11th 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs	Roast chicken with stuffing & gravy	Beef curry	Southern fried chicken	
		2	2		
Veg	Tomato & basil sauce	Honey roast veg		Sweetcorn	
Spud	Spaghetti	Baby potato	Steamed rice	Garlic potato	
	2				
Pud	Lemon sponge with creamy custard	Sponge cake with jam & cream	Sticky toffee pudding	Fresh fruit salad	
	2/4/7	2/4/7			
Tea	Spare ribs & spring rolls with steamed rice	Beef burger in a bap with chunky potato	Quiche with chunky potato	Sausage, beans & wedges	
		2	2/7	2	